

## ***Perch Base, United States Submariners***

# ***Flash Traffic***

***Number: #8-1-2019***

***Date: 8/9/2019***

***Subject: Base Meeting Special Speaker***

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We will have a special speaker at tomorrows Base Meeting, Saturday 8/10/2019.

### ***Timothy Sekosky, D.P.M.***

As a foot and ankle physician, I specialize in lower extremity biomechanics, custom foot orthotics, sports medicine, primary podiatric medicine, Diabetic wound care and bunion correction. I have attained certification in endoscopic surgical training in the latest techniques for the treatment of plantar fasciitis, forefoot surgery, and Morton's neuroma. I have taken a special interest in the early detection and treatment of peripheral neuropathy, in an effort to prevent limb loss in at-risk patients.

I completed my Podiatric Orthopedic Residency with an emphasis on podiatric forefoot surgery, biomechanics, wound care and routine podiatric care at Hines Veterans' Hospital and Loyola University Medical Center, just outside of Chicago, IL. I earned my Doctor of Podiatric Medicine degree from Dr. William M. Scholl College of Podiatric Medicine, where I served as tutor of Biomechanics, studying and teaching the manner in which the foot, leg and body interact with the ground during gait. I received my undergraduate education from Eastern Illinois, in Charleston, IL, and graduated with a Bachelor of Science degree in Biology, with a minor in Chemistry. Prior to my entry into medical school, I was employed by E.I. DuPont de Nemours working in the Research and Development Division of Automotive Finishes.

I have been in private practice in Arizona since 1997, and hold staff membership at Abrazo Scottsdale Medical Center (formerly Paradise Valley Hospital), Banner Del Webb Medical Center and Metro Ambulatory Surgery Center. I am Board Certified by the American Board of Wound Healing (ABWH) and the American Board of Medical Specialties in Podiatry (ABMSP). In 2010, I was recognized by Phoenix Magazine as a Top Doctor of Podiatry among my peers.

My practice philosophy is driven at providing a compassionate, caring and sincere environment in which the patient and physician work jointly toward a treatment plan that best meets the patient's needs socially, economically and practically, while restoring function as rapidly as possible so that the patient may restore his or her quality of life.

In my spare time, I like to watch baseball and spend time with my family. I also enjoy biking, running, cooking, gardening and learning Spanish.

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